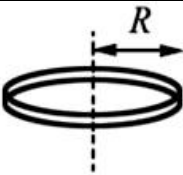



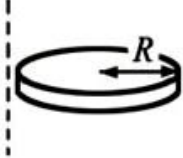
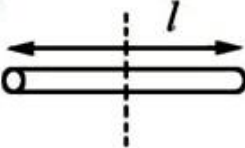
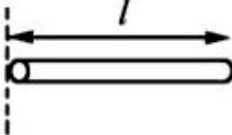

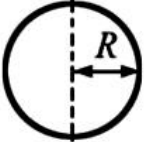


m	R		$J = mR^2$
	m R		$J = mR^2$
m	R		$J = \frac{1}{2}mR^2$
m	R		$J = \frac{1}{2}mR^2$
m	R		$J = \frac{3}{2}mR^2$
m	l		$J = \frac{1}{12}ml^2$
m	l		$J = \frac{1}{3}ml^2$
m	R		$J = \frac{2}{5}mR^2$
m	R		$J = \frac{2}{3}mR^2$